

2010 Glam Galaxy Show
Presented by Excelsior Classic
March 13, 2010

Email: fitnersize@aol.com Web Site: www.excelsiorclassic.com

Name: _____ Age On Mar 13th: _____

Address: _____ City: _____ Zip: _____

Parents: _____ Email: _____

School: _____ City: _____ Grade: _____

Age Division / Check One: _____ Pageant (15-18) Figure: _____ Short (5'3.75" and under) _____ Bikini (one class)

_____ Tall (5'4" and over)

_____ Novice (one class)

Activities / Hobbies: _____

Accomplishments: _____

Ambition/Future Goals _____

Interesting Facts About You: _____

Sponsor: _____

I agree to maintain good sportsmanship and accept the judge's decision as final and agree not to hold the Excelsior Fitness or Excelsior Classic, it's representatives, staff or directors liable for any damages that may occur before, during or after the pageant or in route to or from said pageant.

Parent / Guardian Signature: _____ See notes below in **red** before signing.

Check All That Apply: \$100 entry fee _____ (required)

\$50 late fee _____ (if turned in after March 6, 2010)

\$75 late fee _____ (if turned in the day before the show, March 12, 2010)

Total amount enclosed: \$ _____ **Mail application and money order to: Excelsior Fitness, 3300 Hamilton Mill Road, Suite 102-171, Buford, Georgia 30519 (You may call 770-572-7888 to verify your application is received)**

Note: There will be no refunds of entry fees and/or late fees unless the pageant is canceled. Parents or Guardians should read the attached information sheet and rules before submitting application. There will be an opening number, but the contestants will not be judged. The Pageant will be held March 13, 2010 at the North Gwinnett High School Theater, 20 Level Creek Road, Suwanee, Georgia 770-945-9558. Pre-judging time: 10am; Evening show: 6pm. Ticket prices: 10am Prejudging \$20; 6pm Evening Show: General Admission: \$25, Reserved \$30. All non competitors must purchase tickets.

PAGEANT

Rules and Regulations

1. Contestants must be 15 years of age or older.
2. Must attend March 12th rehearsal (6pm - 9pm) to practice routine for the opening show.
3. Must have NO visible large tattoos on body. Two hole max per ear lobe.
4. Demonstrate good sportsmanship during and after competition.
5. The decision of the judges is the final decision.
6. All contestants must sell a \$20 book of raffles. Money is due by Registration Deadline.
7. Please email address you want raffle book sent to you.
8. If you do not sell raffle book, then \$20 is due upon attendance of show in order to compete.
9. All contestants will receive a t-shirt and medallion. Bikini winners will receive sash, trophy, gifts, and tiara.
10. All winners must stay for photos.
11. No backstage passes are allowed for competitors. We will have staff on hand for your assistance.

Competitor Check List

- ✓ All competitors need to bring a black pair of long workout tights for rehearsal on Friday night.
- ✓ Figure competitors will be required to wear a 2-piece swimsuit in 1 round and a sport outfit of your choice for the other round. The sport outfit can be any type as long as it compliments you and shows off your shape.
- ✓ Bikini competitors are required to wear either a 2-piece swimsuit or a 1-piece swimsuit. Your other outfit needs to be a party dress. Something you where to go out and have a blast! After 5 is ok, but no long gowns.
- ✓ Pageant competitors are required to wear a 1 or 2 piece swimsuit and also wear a long gown in your second round
- ✓ Please send a photo along with your entry fee to: Excelsior Fitness, 3300 Hamilton Mill Road, Suite 102-171, Buford, Georgia 30519.
- ✓ The competitor who sells the most Raffle Tickets will receive an additional price the night of the show.
- ✓ The first 10 competitors get 10% off their registration fee.
- ✓ Please wear clear high heel shoes for your swimsuit round.

Judges Check List – Figure

Judges are starting from the top of your body and working down when doing the scoring.

1. Detailed shoulder round shape.
2. Waist - hour glass look (V Shape), very shapely legs and calves.

Figure is in between fitness and body building but not too hard and not too soft.

3. Poise, presentation, audience interaction, and facial beauty.
4. Swimwear and how it compliments the competitors body, personality, style and physique. Please be prepared to have a 1-Piece
5. Overall body condition and balance.

Please keep in mind this is not a bikini, swimsuit, beauty, or body building competition. Contestants have put in hard work to be considered.

The figure competition was designed for those women who are athletic and fit but do not have gymnastics background and do not desire to do body building. Figure competitors are between fitness and body building

